



Default Question Block

Your Name

Email Address

Your G Year

Your advisor's name

SECTION 1 – LOOKING FORWARD: SET YOUR GOALS

What are your main objectives this upcoming year?

A large, empty rectangular text box with a thin gray border, intended for the respondent to write their main objectives for the upcoming year.

What knowledge or skills will you work on improving or developing in the upcoming year that are important to your development? What is your plan for improving these skills?

A large, empty rectangular text box with a thin gray border, intended for the respondent to describe the knowledge or skills they want to improve and their plan for doing so.

What activities/resources will you take advantage of to help you achieve your academic and research objectives this upcoming year?

What support mechanisms do you plan to use to accomplish your goals in the coming year (e.g. Faculty mentor, Harvard Office of Career Services, Harvard Bureau of Study Counsel, other...)

- ☐ Faculty Mentor
- ☐ Office of Career Services
- ☐ Harvard Bureau of Study Counsel
- ☐ Neutral Advisor
- ☐ Center for Wellness and Health Promotion
- ☐ Family & Friends
- ☐ Tutor
- ☐ Other

What are your long-term professional career goals?

A large, empty rectangular text box with a thin gray border, intended for the respondent to write their long-term professional career goals.

What specific steps will you take this upcoming year to support your career ambitions?

A large, empty rectangular text box with a thin gray border, intended for the respondent to write specific steps they will take in the upcoming year to support their career ambitions.

What help can your mentor, DAC/PQE committee, and/or program help towards your aspirations this upcoming year?

SECTION 2 – CURRENT SKILLS ASSESSMENT

Rate your current skill level on a scale from 1 (very weak) to 5 (very strong).

	Very Weak (1)	Weak (2)	Neutral (3)	Strong (4)	Very Strong (5)	N/A
Quantitative/Statistical methods	☐	☐	☐	☐	☐	☐
Programming skills	☐	☐	☐	☐	☐	☐
Critical Reading of the Literature	☐	☐	☐	☐	☐	☐
Experimental Design	☐	☐	☐	☐	☐	☐
Identifying advisors and seeking advice	☐	☐	☐	☐	☐	☐
Time Management	☐	☐	☐	☐	☐	☐
Ability to frame scientific questions	☐	☐	☐	☐	☐	☐
Ability to solve technical problems	☐	☐	☐	☐	☐	☐

	Very Weak (1)	Weak (2)	Neutral (3)	Strong (4)	Very Strong (5)	N/A
Writing fellowships or grants	☐	☐	☐	☐	☐	☐
Public speaking	☐	☐	☐	☐	☐	☐
Giving constructive criticism	☐	☐	☐	☐	☐	☐
Accepting constructive criticism	☐	☐	☐	☐	☐	☐
Networking with others	☐	☐	☐	☐	☐	☐
Developing/managing and analyzing research budgets	☐	☐	☐	☐	☐	☐
Leading and mentoring others	☐	☐	☐	☐	☐	☐
Ability to work in a team	☐	☐	☐	☐	☐	☐
Independent management of your own research project	☐	☐	☐	☐	☐	☐
Navigating the academic job market	☐	☐	☐	☐	☐	☐
Navigating the non academic job market	☐	☐	☐	☐	☐	☐
Conducting informational career interviews	☐	☐	☐	☐	☐	☐

Please describe and self rate any other skill(s) you'd like to include:

Who in your mentoring network will you share your answers to Section 2?

- ☐ Will Keep Private to Me
- ☐ Will Share with PI
- ☐ Will Share with DAC

SECTION 3 – Looking Back

What were your main goals this past year?

What resources or support mechanisms did you use to accomplish your goals in the past year (e.g. Faculty mentor, Harvard Office of Career Services, Harvard Bureau of Study Counsel, other...)

- ☐ Faculty Mentor
- ☐ Office of Career Services
- ☐ Harvard Bureau of Study Counsel
- ☐ Neutral Advisor
- ☐ Center for Wellness and Health Promotion
- ☐ Friends
- ☐ Tutor
- ☐ Other

What new courses have you taken since your last DAC?

What is the average frequency of the one-on-one meetings with your advisor this past year?

- ☐ Daily
- ☐ 2-3 times a week

- ☐ Once A week
- ☐ Once A Month
- ☐ Never
- ☐ Other

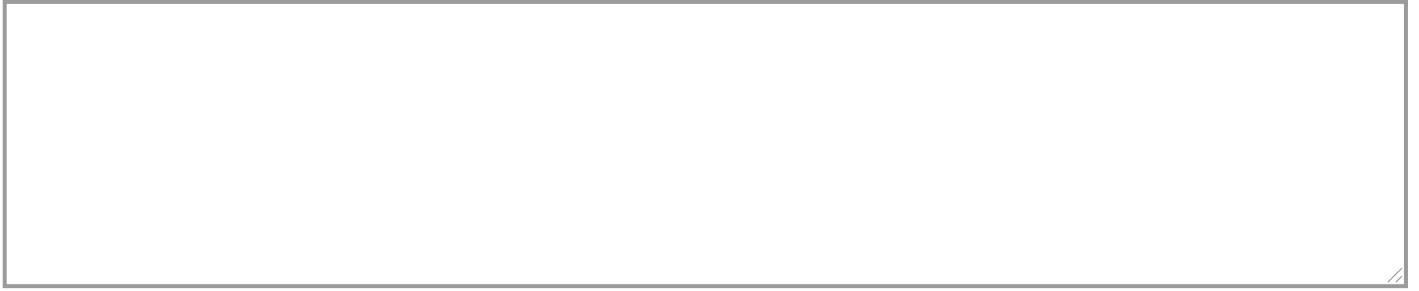
Did you attend any national or other professional meetings?

- ☐ Yes
- ☐ No

If yes, please enter the names of the conferences below:

Please enter the PMID of any publications you served as an author in the past year. If none, enter none.

If applicable, what steps do you need to take to get to your next written paper?



Did you apply to any fellowships or any other award?

☐ Yes

☐ No

If yes, please enter the names below.



What is your current timeline to graduate?



Please enter any additional comments below:



Who in your mentoring network will you share your answers to Section 3?

- ☐ Will Keep Private to Me
- ☐ Will Share with PI
- ☐ Will Share with DAC

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